



1. JOG OVER POLE
2. STOP OR BREAK TO A WALK-WALK OVERS -BRIDGE
3. JOG OVERS
4. JOG SERPENTINE
5. JOG OVER POLE TO GATE-STOP-RH GATE OPEN WALK THRU CLOSE
6. WALK OVERS
7. JOG OVERS-JOG IN –STOP
8. WALK OVER ONE POLE INTO CHUTE-STOP-BACK L –WALK OUT
9. WALK OVER-STOP-360 RIGHT OR LEFT-WALK OVERS  
END OF PATTERN